

# 2015 Skills and Drills

Intended for Beginner and Intermediate Players ages 4 - 16 years old Summer Session

### Begins on Wednesday, May 6th

\* featuring Instruction from our very own WNY Roller Hockey staff.

#### Wednesdays

5pm to 6pm 1 Hour

## \$125.00 per 12 week Session or \$12 per session—MUST PRE-REGISTER and have WNYRHL Membership

\*All Skills and Drills sessions will be held at the Northtown Center \*Players must pre-register for Skills and Drills!

\*Improve every aspect of your game with an emphasis on skating, stopping, cross-overs, pivots.

\*Other topics covered: Stickhandling, shooting, passing, team concepts.

\*A full season schedule will be posted on our web site (wnyrh.com). Please check on Rink Calendar as there may be the occasional Saturday where Skills and Drill is cancelled. *For additional information on all of our programs visit* 

# www.wnyrh.com