



2016 Skills and Drills

Winter Session—12 Weeks

**Starting January 4th and every Monday thereafter—
Please refer to schedule on web site to verify dates.**

** featuring Instruction from our very own*

WNY Roller Hockey staff.

Mondays

Session II 6:00pm to 7:00pm 1 Hour

\$125.00 per 12 week Session or \$12.00 per session—

MUST PRE-REGISTER

*All Skills and Drills sessions will be held at the Kenan Center Arena

*Players must pre-register for Skills and Drills!

*Improve every aspect of your game with an emphasis on skating, stopping, cross-overs, pivots.

*Other topics covered: Stickhandling, shooting, passing, team concepts.

*A full season schedule will be posted on our web site (wnyrh.com). Please check on Rink Calendar as there may be the occasional Monday where Skills and Drill is cancelled.

For additional information on all of our programs visit

www.wnyrh.com