



# 2016 Skills and Drills

*Intended for Beginner and Intermediate Players ages 4 - 16 years old*  
**Summer Session**

**Begins on Wednesday, May 4th**

*\* featuring Instruction from our very own*  
**WNY Roller Hockey staff.**

**Wednesdays**

**5pm to 6pm 1 Hour**

**\$125.00 per 12 week Session or \$12 per session—MUST  
PRE-REGISTER and have WNYRHL Membership**

\*All Skills and Drills sessions will be held at the Northtown Center

\*Players must pre-register for Skills and Drills!

\*Improve every aspect of your game with an emphasis on skating, stopping, cross-overs, pivots.

\*Other topics covered: Stickhandling, shooting, passing, team concepts.

\*A full season schedule will be posted on our web site (wnyrh.com). Please check on Rink Calendar as there may be the occasional Saturday where Skills and Drill is cancelled.

***For additional information on all of our programs visit***

**[www.wnyrh.com](http://www.wnyrh.com)**